

NIDC News

BACK BY POPULAR DEMAND * PUNCH CARDS *

Summer 2025

Dive into a summer of rhythm and movement at Northern Illinois Dance Center!

Unleash your passion for dance with our exciting new punch card option this summer! Whether you're a seasoned dancer or just stepping onto the dance studio floor, our punch card allows you to groove at your own pace while enjoying the flexibility of attending classes that fit your schedule.

Immerse yourself in a world of creativity as our expert instructors guide you through a variety of dance styles, from our themed preschool classes to graceful ballet and everything in between. The punch card not only offers a fantastic opportunity to refine your dance techniques but also invites you to explore your artistic side in a fun and supportive environment.

Why settle for ordinary when you can make your summer extraordinary? Join us for an unforgettable dance experience that combines the precision of technique with the joy of expression. Let the rhythm take you on a journey of self-discovery, fitness, and, most importantly, FUN!

Secure your spot on the studio floor today with our exclusive summer punch card. Your dance adventure awaits — let's make this summer one to remember!



Choose the flexibility that fits your summer! Our punch card options range from 3 to 18 punches, giving you the freedom to customize your dancer's journey.


- Just want a taste? Grab a 1-punch card.
- Ready to go all in? Choose 18 punches for a full summer of fun!
- Or simply pay as you go — \$16 per hour.

👉 Each punch is good for 1 hour of dance.

👉 All summer classes are 1-day sessions.

To help our teachers plan and keep class sizes manageable, we will confirm all class rosters 1 week before each class.

Here's what to expect:

- You'll receive an email to confirm your dancer's spot.
- 6 days before class, if we haven't heard back, your dancer will either be:
- ☒ digitally punched if you have a punch card
- OR
-  charged the \$16 hourly rate

This system helps us prepare effectively and open up spots for dancers on waitlists when needed.



Opportunities to dance more

NIDC's Performance Group

Join the spotlight and become part of something extraordinary with Northern Illinois Dance Center's Performance Group! Embrace a year-long commitment to artistic growth, camaraderie, and the thrill of live performances.

For dancers aged 8 and older, this exclusive group offers a unique platform to showcase your passion for dance in community performances throughout the year. Starting with lots of summer parades and then local events to special showcases, our Performance Group opens doors to more opportunities to share your talent and shine on stage.

Seize the chance to make every move count — join our Dance Studio's Performance Group and let your passion for dance take center stage! Email ella@nidancecenter.com for more information. Must be registered before their first class on June 12, 2025.

Required to purchase a minimum of 12 class punch card for summer 2025. Performance Group will meet about 7 times this summer. The other hours you choose what you would like to take.

Required in 2025-26 season: take performance group and one other class per week.

Summer class dates: June 17, 24, July 1, 8, 15, 22 7-8pm

Elevation Dance Company

As a member, indulge in weekly technique and choreography classes, curated to refine your abilities and elevate your performance to new heights. Be prepared for an exhilarating dance season with four local competitions and an epic national showdown in the summer of 2025!

Elevation Dance Company is more than a team; it's a family. Engage in team bonding events that foster lifelong friendships and create an unbreakable bond with fellow dancers. Learn not only dance techniques but invaluable life lessons about collaboration, discipline, and the power of teamwork.

Embark on a transformative dance experience — join Elevation Dance Company and let your passion for dance soar to new dimensions!

Email atlee@nidancecenter.com for more information.

Required for Summer 2025:

8 & under is to purchase the minimum of the 10 class punch cards

All others on 1 team is required to purchase a minimum of the 15 class punch card

If on 2 teams, an 18 class punch card is required.



Classes in July 2025

July 14

All That Jazz

Get ready to bring the energy and style in All That Jazz! This one-day class is perfect for dancers ages 10 & up who want to explore the fun, dynamic world of jazz dance. From sharp technique to expressive movement, you'll learn exciting choreography while building confidence and stage presence. Don't miss this chance to shine—let's dance!

4-5pm *ages 10 & older Ms. Ana

Dancer's Conditioning: Strength, Stamina & Power

Take your dancing to the next level with Dancer's Conditioning! This one-hour class for dancers ages 8 and up is designed to build strength, endurance, and agility through a mix of HIIT, cardio, and creative conditioning exercises. Cross-training is essential for dancers—it helps prevent injuries, improves stamina for longer routines, and builds the power needed for stronger jumps, sharper turns, and controlled movement. By focusing on full-body conditioning, dancers will develop the muscular endurance and flexibility needed to perform with confidence and precision. Get ready to sweat, push your limits, and feel stronger than ever!

5-6pm *ages 8 & older Ms. Atlee

Boogie Fever

Step into the groove with "Boogie Fever," a jazz disco dance class designed for ages 8 and up! Led by Ms Ana, this one-hour session will have you moving and grooving to the funky beats of disco classics. Learn fundamental jazz techniques, funky footwork, and sassy choreography guaranteed to get you strutting and sparkling on the dance floor. Whether you're a seasoned dancer or just starting out, "Boogie Fever" promises a fun and energetic atmosphere where you can let loose, express yourself, and catch that irresistible disco fever! Join us for a dance experience like no other and let your inner disco diva shine!

6-7pm *ages 8 & older Ms. Ana



Classes in July 2025

July 14

Technique Lab

Take your dance technique to the next level with Ms. Atlee's Technique Lab! This one-hour summer class is designed for dancers ages 9 and up who want to refine their skills using a combination of analytics, training tools, and high-level instruction. From strength and flexibility assessments to targeted drills and movement analysis, dancers will gain a deeper understanding of their technique and how to improve their overall performance. Whether you're looking to perfect your turns, enhance your jumps, or build stronger extensions, this class will give you the tools to reach your goals!

6-7pm *ages 9 & older Ms. Atlee

Yoga and Stretching for Dancers

Enhance your strength, flexibility, and body awareness with Yoga & Stretching! This one-hour summer class is designed for dancers ages 8 and up who want to elongate their lines, improve mobility, and build a deeper connection with their movement. Through a blend of yoga, dynamic stretching, and targeted strength exercises, dancers will develop the control and alignment needed to elevate their technique. Perfect for all levels, this class will help you move with greater ease, grace, and confidence both in and out of the studio!

7-8pm *ages 8 & older Ms. Atlee



Classes in July 2025

July 15

Wicked Musical Theater

Step into the world of Wicked in this magical Musical Theater class! Learn Broadway-style choreography, master expressive performance skills, and dance to the iconic songs from this beloved musical. Whether you're a seasoned performer or new to the stage, this one-day class will have you feeling defyingly confident!

5-6pm *ages 8 & older Ms. Ella

Ballet Pilates

Experience the fusion of elegance and strength in our Ballet Pilates class during our summer 2025 session! Tailored for dancers aged 8 & older, this one-day, one-hour session seamlessly blends the graceful techniques of ballet with the core-strengthening principles of Pilates. Elevate your performance and refine your physique in this dynamic and invigorating class.

5-6pm *ages 8 & older Ms. Courtney

Fosse Jazz

Step into the spotlight with Fosse Jazz! This one-day class dives into the iconic style of Bob Fosse, featuring sharp, stylish movement, intricate isolations, and classic jazz technique. Learn a dynamic combo inspired by Broadway's legendary choreographer and bring out your inner show-stopper!

6-7pm *ages 9 & older Ms. Ella



Classes in July 2025

July 16

Beginner Tricks Boot Camp!

If you can do a somersault, you're ready for this exciting boot camp. Learn beginner-level dance tricks, improve strength and flexibility, and build confidence in a fun, supportive environment. Get ready to roll, leap, and flip your way to new skills!

2-3pm *ages 7-11 Ms. Alex

Advanced Tricks Boot Camp

Take your acro skills to the next level in this one-day workshop! Perfect for dancers who can independently backbend, cartwheel, and somersault, this class focuses on strength, control, and technique while learning exciting new tricks. Get ready to build confidence, refine your skills, and have a blast!

3-5pm *ages 12 & older Ms. Alex *this class will be 2 punches

July 17

Dance Basics - Theme - Twirl & Shine: A Confidence Dance Party

Let's twirl, sparkle, and shine! Twirl & Shine is a magical dance experience designed for little ones to build confidence, express themselves, and celebrate what makes them special. Through playful movement, music, and positive encouragement, dancers will explore self-love, bravery, and joy—all while having tons of fun! Open to ages 3-5, no experience needed—just bring your energy and your biggest smile!

6-7pm *ages 3-5 Ms. Raelyn

Combo - Theme - BeYOUtiful Moves: A Day of Dance & Self-Love

Join us for BeYOUtiful Moves, a fun-filled dance event designed to help young dancers shine from the inside out! Through exciting movement, uplifting music, and engaging activities, dancers will explore self-expression, build confidence, and celebrate what makes them unique. This special one-day class is all about self-love, positivity, and dancing with joy! Open to ages 5-8, no experience needed—just bring your smile and get ready to shine!

7-8pm *ages 5-8 Ms. Raelyn



Classes in July 2025

July 21

Tap

Learn how to add sounds and additional aspects to tap moves to increase difficulty and layer sounds.

5-6pm * ages 8 & older Ms. Atlee

Broadway Kicks & Precision Jazz

Step into the spotlight with Broadway Kicks & Precision Jazz! Designed for dancers ages 10 and up, this one-hour class is inspired by the iconic style of the Rockettes and musical theater performances. Dancers will focus on sharp lines, high-energy choreography, and the precision-style kicks seen on Broadway stages. With an emphasis on clean technique, timing, and performance quality, this class will challenge dancers to move with confidence and grace while mastering the art of synchronization. Whether you dream of the big stage or just love the excitement of show-stopping choreography, this class is your time to shine!

6-7pm *ages 10 & older Ms. Atlee

Move Through Your Mind

Embark on a journey of self-discovery and expression with 'Move Through Your Mind,' an enriching contemporary dance class led by the inspiring Ms. Ana! Designed for dancers ages 12 and up, this class invites you to explore the intersection of movement and emotion, tapping into the depths of your creativity and imagination. Guided by Ms. Ana's expertise and passion for contemporary dance, each session is a fusion of fluidity, athleticism, and artistic exploration. From intricate floor work to dynamic sequences, you'll develop technical proficiency while honing your ability to convey personal narratives through movement. Join us as we dive into the realms of introspection and inspiration, and unleash the power of dance to transcend boundaries and connect with your innermost thoughts and feelings.

7-8:30pm *ages 12 & older Ms. Ana *this class will be a punch & a half



Classes in July 2025

July 22

Progressing Ballet Technique

Elevate your dance training to new heights with Progressing Ballet Technique (PBT) this summer! Designed for dancers in levels 2 & up, PBT hones core stability, refines weight placement, and perfects alignment to enhance performance across all dance forms. Unlock your full potential and advance with confidence as you train muscle memory in this transformative class.

5-6pm *10 & older, level 2 & up Ms. Courtney

Broadway Bound

Take center stage in Broadway Bound! This one-day musical theater class is perfect for dancers who love the spotlight. Learn Broadway-style jazz technique, expressive performance skills, and a fun, theatrical combo inspired by the magic of the stage. Get ready to dance, act, and shine like a true Broadway star!

6-7pm *ages 9 & older Ms. Ella



Classes in July 2025

July 24

Creative Movement: Troll-tastic Adventure!

Join us for a troll-tastic adventure where little dancers will jump, twirl, and groove through a world of music, movement, and fun! This class introduces young movers to basic dance skills through imaginative play, a Trolls-inspired game, and an exciting craft that will have them feeling as colorful and creative as their favorite Trolls. Let's dance and shine like the true superstars we are!

5-5:30pm *ages 2-3 Ms. Raelyn

Dance Basics: Trolls Dance Jam! (Ages 3-5)

Dance, play, and craft your way into the colorful, glittery world of Trolls! This fun-filled class introduces young dancers to basic ballet and jazz moves while hopping, twirling, and grooving to upbeat Trolls-themed music. We'll also play an exciting dance game and make a bright and cheerful craft to take home. Get ready for a day full of music, movement, and happiness—because that's how Trolls roll!

6-7pm *ages 3-5 Ms. Raelyn

Combo Class: Trolls Groove & Glow!

Calling all Trolls fans! This high-energy class combines jazz, ballet, and hip-hop as we dance to the catchy tunes of Trolls! Dancers will work on fun choreography, play a dance-based game, and get creative with a glittery Trolls-inspired craft. Whether you love to sing, dance, or just have fun, this class will have you moving and grooving with Poppy's positivity and Branch's cool moves!

7-8pm *ages 5-8 Ms. Raelyn



Classes in July 2025

July 28

Graham Inspired Modern

Discover the essence of modern dance with 'Graham Inspired Modern,' a captivating class designed for dancers aged 12 and up! Dive into the innovative techniques and expressive movement vocabulary pioneered by Martha Graham, one of the most influential figures in the history of modern dance. This class invites you to explore the interplay between contraction, release, and spiraling dynamics while cultivating emotional depth and authenticity in your performance. From powerful gestures to fluid transitions, you'll embody the essence of Graham's iconic style while honing your technical prowess and artistic expression. Whether you're a seasoned dancer or new to modern dance, 'Graham Inspired Modern' offers a transformative journey of self-discovery and artistic exploration.

5-6:30pm * ages 12 & older Ms. Ana *this class will be a punch & a half

Classy & Sassy Heels

Step into sophistication and sassiness with 'Classy and Sassy Heels,' an electrifying dance class tailored for advanced dancers ages 13 and up! Embrace your femininity and unleash your confidence as you explore the art of dancing in heels. This session blends elements of various dance styles to create dynamic and empowering choreography. From fierce walks to intricate footwork, you'll master the nuances of movement and expression while enhancing your balance, strength, and stage presence. Whether you're strutting your stuff on the dance floor or commanding the spotlight on stage, 'Classy and Sassy Heels' invites you to elevate your performance with style, grace, and attitude!

6:30-8pm *ages 13 & older, level 3 & up Ms. Ana

*this class will be a punch & a half



Classes in July 2025

July 29

Stretch & Strength

Unlock your full potential this summer with our Stretch & Strength class! Dive into a dynamic blend of cross-training exercises and targeted muscle work to enhance your performance on the dance floor. From building strength to increasing flexibility, this class offers a holistic approach to help dancers reach new heights in their abilities. Join us and discover the power of balance, control, and grace.

5-6pm * ages 8 & older Ms. Courtney

Pre-Pointe / Pointe

A class designed to prepare young dancers for the advanced technique of dancing "en pointe" (on the tips of their toes) by specifically strengthening the muscles in their feet, ankles, legs, and core, while focusing on proper alignment and technique, before and while they are transitioning into a full "pointe" class where they will wear pointe shoes.

6-7pm *levels 3 4 ONLY Ms. Courtney

Poppin' & Hip Hoppin'

Poppin and Hip Hoppin": A one-hour hip hop dance class for ages 8 and up, happening for one day only! Get ready to groove and pop to the latest beats in this energetic session.

6-7pm * ages 8 & older Ms. Gabby

August 12

Stepping & Stomping

A one-hour hip hop dance class for ages 8 and up, happening for one day only! Come dance with our new Hip Hop teacher!.

6-7pm * ages 8 & older Ms. Gabby



Summer 2025 Punch Card Prices

1 1-hour class = \$16.00

1 hour = 1 punch

3-punch card



\$45.00

5-punch card



\$70.00

10-punch card



\$130.00

12-punch card



\$144.00

15-punch card



\$165.00

18-punch card



\$180.00

Punch cards are non-refundable.

Unused punches are non-refundable.

These are only good for the Summer 2025 session.

They expire on 7/31/25.

Our 2025-26 dance year begins August 18